

**InterSangha 2012 Program**  
**Buddhist Insight Network**  
 Insight Meditation Center, Redwood City CA

**Thursday, Aug 9**

1:00pm	Registration and tea
	<b>Conference Opening</b>
1:30pm	Welcome in meditation hall
1:45pm	Group meditation
2:10pm	<b>Introductions and Intentions</b>
3:00pm	Break <i>Optional movement session with Harrison Blum</i>
3:20pm	<b>Plenary session: The Insight Meditation Community</b> <i>Kim Allen, Insight Meditation Center and Buddhist Insight Network (BIN)</i>
4:00pm	<b>Sangha Growth: Quantitative and Qualitative</b> Many groups have seen significant growth over the past years or decade, as well as internal development of sangha members. What are the main areas of challenge and inspiration that have come forth in managing this growth and development? <i>Facilitator: Lori Wong, Insight Meditation Modesto</i>
5:00pm	End and social time
6:00pm	Optional: Meet colleagues at Suraj Indian Restaurant for dinner (255 El Camino Real)

**Friday, Aug 10**

8:00am	Doors open; simple breakfast available	
8:30am	Welcome in meditation hall	
8:45am	<b>Introductions and Conversation with London Insight Sangha Members</b> Panel and group discussion: Deepening practice <i>From London Insight: Gary Born (also BIN), Nicola Power, Anthea West. Facilitator: Kim Allen</i>	
9:45am	Break	
	<b>Track 1: Teachers and the Sangha</b>	
10:00am	<b>Teachers and Mature Students – Mutual Support</b> It is helpful for growing sanghas to offer programs and perhaps service and leadership opportunities to maturing students, while still serving an influx of beginners. Teachers may encounter challenges balancing all of this while maintaining clarity of spiritual direction. Mature students have roles to play, supporting the guiding teacher (if there is one), building relationships with other sanghas, or serving out in the community. This discussion will focus on opportunities for mutual support. <i>Facilitator: Dawn Neal, Insight Meditation Center</i>	
11:15am	Two parallel sessions:	
	<b>1. Sanghas with a Guiding Teacher</b> <i>Facilitator: Jim French, IMC Berkeley</i> How traits of guiding teacher may influence sangha culture, governance issues, contingency processes, etc.	<b>2. Peer-led or Remote-teacher Sanghas</b> <i>Facilitator: Greg Gerber, Chicago Insight</i> Benefits, considerations, and challenges for groups following peer-led or rotating/remote teacher models
12:15pm	Lunch <i>Optional sign-up to create table topics</i>	
1:30pm	Group meditation	
	<b>Track 2: Diversity</b>	
1:45pm	<b>Panel and Group Discussion</b> <i>Panelists:</i> <i>Kristin Barker, Insight Meditation Community of Washington and BIN</i> <i>Harrison Blum, Cambridge Insight Meditation Center and BIN</i>	

	<p><i>Andrea Castillo, IMC</i>  <i>Nadine Navarro, Insight Community of the Desert</i>  <i>Moderator: Mary Stancavage, Against the Stream and BIN</i></p>	
3:00pm	<p>Break  <i>Optional movement session with Wynn Fricke</i></p>	
	<b>Track 2: Diversity, ctd.</b>	<b>Track 3: Operations</b>
3:30pm	<p><b>Practical Tools</b>  In a small group setting, participants will share practical tools and steps for starting/deepening diversity programs</p>	<p><b>Volunteers</b>  Recruiting, organizing, and appreciating people who give the dana of service  <i>Facilitator: Rachel Kirk, Seattle Insight</i></p>
4:30pm	<p>Group Sharing from Parallel Sessions</p>	
5:00pm	<p>Dedication of Merit &amp; End</p>	
7:00pm	<p>Optional: "Dharma Flick" at IMC  <i>Buddha's Lost Children</i></p>	

### Saturday, Aug 11

8:30am	<p>Doors open; simple breakfast available</p>	
9:00am	<p>Opening Welcome and Group Meditation</p>	
	<b>Track 4: Engagement and Outreach</b>	<b>Track 3: Operations, ctd.</b>
9:30am	<p><b>Insight Meditation and Secular Mindfulness</b>  Many of us choose or feel called to teach in situations where a Buddhist, or even a spiritual, association may not be appropriate. And yet, we are offering mindfulness teachings to help people see their lives in new ways. How do we hold these situations from the perspective of Buddhist Insight Meditation practice?  <u>Contributors:</u>  <i>Dawn Neal, IMC</i>  <i>Leslie Tremaine, Insight Santa Cruz</i>  <u>Facilitator (and contributor): Harrison Blum, CIMC and BIN</u></p>	<p><b>Decision-Making and Governance</b>  Panelists from different types of sanghas will share their various systems for decision-making and governance. Intended to open possibilities and stimulate new ideas.  <u>Panelists:</u>  <i>David Chernikoff, Insight Meditation Community of Colorado</i>  <i>Wynn Fricke, Common Ground and BIN</i>  <i>Christine Owens, Spirit Rock</i>  <u>Moderator (and panel contributor): Heather Sundberg, Mountain Stream</u></p>
10:30am	<p>Break</p>	
	<b>Track 4: Engagement and Outreach – Dharma Discussion</b>	
10:45am	<p><b>Socially Engaged Buddhism</b>  Using an essay by Bhikkhu Bodhi as a springboard, this discussion will explore the motivations and practicalities of Socially Engaged Buddhism.  <i>Facilitator: Ed Haertel, Insight Meditation South Bay</i></p>	
12:00pm	<p>Lunch  <i>Optional sign-up to create table topics</i></p>	
1:15 pm	<p>Group meditation</p>	
	<b>Open Topics and Integration</b>	
1:30pm	<p><b>Open topic</b>  Participants offer and create topics, then form groups to discuss and explore</p>	
2:45pm	<p>Break  <i>Optional sign-up to offer a movement session</i></p>	
3:15pm	<p><b>Integration Session: Coalescing the Practical Tools and Ideas</b>  <i>Facilitator: Kim Allen, IMC</i></p>	
4:30pm	<p>Reflections and Closing Remarks</p>	
5:00pm	<p>Dedication of Merit &amp; Conference Close</p>	

## Sunday, Aug 12

Two optional events for those still in town...

<b>IMC regular Sunday morning program</b>		<b>Tour of Insight Retreat Center</b> Near Santa Cruz: 50 min drive from IMC Ride board sign-up during conference	
8:30am	First sitting (optional)	8:30am	Meet at IMC and depart
9:10am	Walking (optional)	9:30am	Tour
9:25am	Second sitting	11:00am	Tour ends
10:00am	Dharma talk	<i>Note: It is possible to get to San Francisco Airport by 12:15 or San Jose Airport by 12:00</i>	
10:45am	Second-Sunday tea with IMC community		